Increased phagocytosis and production of reactive oxygen species by neutrophils during magnesium deficiency in rats and inhibition by high magnesium concentration

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(Received 20 March 2001 – Revised 3 September 2001 – Accepted 16 October 2001)

Recent studies underline the importance of the immunoinflammatory processes in the pathology of Mg deficiency. Neutrophils possess a superoxide anion-generating NADPH oxidase and its inappropriate activation may result in tissue damage. The aim of the present study was to assess the effect of experimental Mg deficiency in the rat on polymorphonuclear leucocytes (PMN) activity and the role of increasing extracellular Mg. Weaning male Wistar rats were fed either a Mg-deficient or a control diet for 8 d. In Mg-deficient rats, the characteristic inflammatory response was accompanied by a marked increase in the number of PMN. Higher plasma interleukin 6 and NO concentrations and increased lipid peroxidation in the heart were found in Mg-deficient rats as compared with control rats. As shown by chemiluminescence studies, basal neutrophil activity from Mg-deficient rats was significantly elevated when compared with neutrophils from control rats. Moreover, the chemiluminescence of PMN from Mg-deficient rats was significantly higher than that of control rats following phorbol myristate acetate or opsonized zymosan activation. PMN from Mg-deficient rats also showed an increased activity of phagocytosis in comparison with neutrophils from control animals. Increasing extracellular Mg concentration in the incubating medium of PMN (0.8 v. 8.0 mM) decreased the chemiluminescence activity of PMN from control rats following opsonized zymosan activation. Chemiluminescence activities of PMN from Mg-deficient rats following phorbol myristate acetate or opsonized zymosan challenge were also decreased by high extracellular Mg concentration. From this work, it appears that PMN activation is an early consequence of Mg deficiency and that high extracellular Mg concentration inhibits free radicals generation.

Mg, the second most abundant intracellular cation, plays an essential role in a wide range of fundamental cellular reactions and many signs, symptoms and disease states are attributed to altered Mg homeostasis (Shils, 1994). In developed countries, the marginal Mg intake may induce a high prevalence of marginal Mg deficiency (Galan et al. 1997). Mg deficiency has been extensively studied in the rat, where it is readily produced by dietary depletion. In this experimental model, several studies have provided evidence that Mg deficiency causes abnormal tissue sensitivity to oxidative stress (Rayssiguier et al. 1993). A particular type of cardiomyopathy has been shown in Mg-deficient animals and it has been considered as the result of free radicals damage (Freedman et al. 1990). A free radical pathogenesis has also been hypothesized in several human cardiovascular diseases associated with Mg-deficient status (Rayssiguier et al. 1997).

Hyperaemia of the ears is the first visible symptom of the experimental Mg-deficiency in rats (Kruse et al. 1932). The metabolism of mast cells and histamine has received much attention since several authors related the characteristic inflammation of Mg-deficiency to increased histamine production.

Abbreviations: HBSS, Hank’s balanced salt solution; PMA, phorbol myristate acetate; PMN, polymorphonuclear leucocyte.

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production (Bois et al. 1963). Recent studies from our laboratory as well as from others suggest that in Mg deficiency, phagocytes are metabolically stimulated and produce reactive oxygen species leading to tissue damage. The response to Mg-deficiency is accompanied by increased production of NO and inflammatory cytokines (Weglicki & Phillips, 1992; Malpuech-Brugère et al. 2000). However, the precise mechanism of this characteristic response to Mg-deficiency remains to be clarified. Neutrophils possess a superoxide anion generating NADPH oxidase and its inappropriate activation may result in tissue damage in inflammatory conditions (Babior, 1984). Moreover, the possibility exists that extracellular Mg may influence neutrophil function (Simchovitz et al. 1990). Thus, the purpose of the present study was to assess the phagocytic activity and superoxide anion production of blood neutrophils in Mg-deficient rats compared with control animals and the effect of in vitro exposure to Mg.

**Materials and methods**

**Experimental design**

Male weaning Wistar rats weighing 61 (SE 5) g were randomly divided into Mg-deficient and control groups containing fifty-three and fifty rats respectively. They were maintained from a colony of laboratory animals of the National Institute of Agronomic Research (INRA, Clermont-Ferrand/Theix, France). The institution’s guide for the care and use of laboratory animals was used. The rats were housed in wire-bottomed cages in a temperature-controlled room (22°C) with a 12 h light–dark cycle (lights on at 08.00 hours). They were maintained on the experimental diets for 8 d. Distilled water and diet were provided ad libitum. The synthetic diets contained (g/kg): casein 200, sucrose 650, corn oil 50, alphacel 50, DL-methionine 3, choline bitartrate 2, modified AIN-76 mineral mix 35, AIN-76A vitamin mix 10 (ICN biomedicals, Orsay, France). MgO was omitted from the mineral mix in the Mg-deficient diet. The Mg concentrations of the diets, determined by flame atomic absorption spectrometric analysis, were 20 and 950 mg/kg for Mg-deficient and control diets respectively. Rats were anaesthetized with pentobarbital (40 mg/kg body weight). Blood was collected from the abdominal artery in EDTA heparinized and sterile tubes. Plasma obtained after blood centrifugation (2000 g, 15 min) was stored at −80°C for biochemical analysis. Spleen and hearts were removed. Blood was collected from the abdominal artery in heparinized and sterile tubes. Plasma obtained after centrifugation (2000 g for 15 min) was stored at −80°C for biochemical analysis. Spleen and hearts were removed. Hearts were kept frozen at −80°C before performing the lipid peroxidation assay.

**Polymorphonuclear leucocyte isolation**

Polymorphonuclear leucocytes (PMN) were isolated using a double-layer discontinuous gradient of Histopaque®-1083/1119 (Sigma Diagnostics, St Louis, MO, USA). After centrifugation (700 g, 30 min, 20°C), the layer of PMN was collected and contaminating erythrocytes were lysed by exposure to hypotonic saline. PMN were washed in Mg–Ca-free buffer and resuspended in modified Hank’s balanced salt solution (HBSS; mm: calcium chloride 1·3, magnesium sulfate 0·8, potassium chloride 5·4, potassium phosphate monobasic 0·44, sodium bicarbonate 4·2, sodium chloride 137, sodium phosphate dibasic 0·34, glucose 5·6, pH 7·3; Sigma Diagnostics). The purity of neutrophil suspensions averaged 90% as assessed by May-Grünewald staining. Viability averaged 99% as tested by Trypan Blue exclusion and was not affected by incubation conditions.

**Chemiluminescence studies**

Free radical generation from PMN was measured using a luminometer (LKB-1251; Wallac OY, Turku, Finland). The method for measurement was similar to that described earlier (Wang et al. 1993) with slight modifications. In brief, 3 × 10⁶ PMN were placed in HBSS buffer, pH 7·4 and luminol (Sigma Diagnostics) at a final concentration of 0·2 mM was added. The final volume of the assay mixture was 1000 μl. The peak of chemiluminescence was recorded and expressed in mV. Opsonized zymosan (Sigma Diagnostics) was prepared as previously described by Hasegawa et al. (1997). An experiment was performed using eight control and eight Mg-deficient rats in order to assess the effect of Mg deficiency on PMN basal activity and on PMN response to phorbol myristate acetate (PMA Sigma Diagnostics; 1·23 μg/ml) and opsonized zymosan (1 mg/ml). Other experiments were performed in order to assess the effect of Mg deficiency on PMN basal activity and on PMN response to phorbol myristate acetate and opsonized zymosan. In a first experiment, chemiluminescence studies were performed using control rats (n 5) and Mg-deficient animals (n 8) in order to assess the effect of high concentration of extracellular Mg on PMN response to PMA and opsonized zymosan.

**Phagocytosis assay**

Phagocytosis studies were performed using five control and five Mg-deficient rats. Bovine septicaemic E. coli strain 31A (O153:K–:H–) was used for all experiments. After growth in a Minca medium, bacteria were collected by centrifugation (1500 g, 10 min) and washed with HBSS, bacteria cells were opsonized by normal rodent sera (200 ml/l HBSS) for 30 min at 37°C, washed with HBSS and diluted to a concentration of 10⁷ cells/ml with HBSS containing appropriate antibiotics.

Neutrophils were pelleted by centrifugation and resuspended in RPMI 1640 (Sigma Diagnostics) supplemented with fetal calf serum (100 ml/l). PMN (4 × 10⁵) were dispensed in wells of Lab-Teck chamber slides (Nunc Inc., Napperville, IL, USA) and allowed to adhere for 30 min in a humidified 5% CO₂ incubator at 37°C. Chambers were washed with RPMI 1640 (Sigma Diagnostics) to eliminate non-adherent cells. Opsonized bacteria (4 × 10⁶) were incubated with PMN for 90 min in 5% CO₂ incubator at 37°C. Then, the association and phagocytosis of bacteria were determined after staining with a LIVE/DEAD bacLight bacterial viability kit (Molecular Probes, Leiden, The Netherlands). The neutrophil-associated bacteria were counted using a u.v. light microscope. The mean value was
calculated by averaging the number of bacteria present in 100 cells.

**Analytical procedures**

The analytical procedures were performed on eight control and eight Mg-deficient rats except for Mg determination in PMN. In order to obtain a sufficient amount of PMN for Mg analysis, PMN from four rats were pooled to obtain six samples for each group before atomic absorption spectrometric analysis. The number of total white cells was determined by a cell counter (Minos Vet, ABX, Montpellier, France). The differential leucocyte counts for polymorphonuclear cells were made from a blood smear stained with the May-Grünwald and Giemsa stain (Sigma, St-Quentin-Fallavier, France). Plasma interleukin 6 concentrations were measured by using bioassays with L929, a fibroblast cell line and B9, a murine hybridoma cell line (Givalois et al. 1994). NO was measured in deproteinized plasma of control and Mg-deficient rats as previously described (Rock et al. 1995a). For lipid peroxidation studies of heart, tissue homogenates were prepared on ice (1 g wet tissue + 9 ml 150 mm KCl) using a Polytron homogenizer (Kinematica GMBH, Luzern, Switzerland). Thiobarbituric acid-reactive substances were determined in butylated hydroxy toluene-free tissue homogenates after lipid peroxidation induced by FeSO$_4$ (10 mM)–ascorbate (250 mM) for 30 min in a 37°C water bath in an O$_2$-free medium as previously described (Rayssiguier et al. 1993). Flame atomic absorption spectrometry (Perkin Elmer 800; Perkin Elmer, St Quentin en Yvelines, France) was used for plasma Mg concentration and Mg content of PMN (Gueux et al. 2001). Ionized plasma Mg was determined by an AVL 977/4 analyser (AVL Medical Instruments, Eragny, France).

**Statistical analysis**

Statistical analysis was conducted using InStat package (Instat; Graph Pad Inc., San Diego, CA, USA). Results were expressed as means values with their standard errors. The statistical significance of differences between means was made by Student’s $t$ test or paired Student’s $t$ test. When error variance was found to be heterogeneous, the statistical significance between groups was made by using Mann-Whitney test. The differences were considered to be statistically significant when $P$ value was less than 0.05.

**Results**

The classical signs of Mg deficiency including growth retardation were observed in Mg-deficient rats. Decreased plasma total and ionized Mg levels indicated that the rats fed the Mg-deficient diet were indeed Mg deficient (Table 1). Hypomagnesaemia was accompanied by significant increase in blood Ca concentration. Peripheral vasodilation with hyperaemia of the ears was apparent in all Mg-deficient rats. Spleen weight was significantly higher for Mg-deficient rats compared with controls. The inflammatory response was associated with a marked increase in the number of blood leucocytes and PMN (Table 1). Higher plasma interleukin 6 levels were found in Mg-deficient rats compared with control rats and plasma NO concentrations were increased in Mg-deficient animals as compared with controls. Mg deficiency increased lipid peroxidation in the heart as shown by thiobarbituric acid-reactive substance measurements (Table 1).

Fig. 1 represents the chemiluminescence activity of isolated neutrophils from control and Mg-deficient rats. As expected, neutrophils from control rats displayed a low basal activity. Basal neutrophil activity from Mg-deficient rats was significantly elevated (about 8-fold) when compared with control rats. Neutrophils from control and Mg-deficient rats were responsive to PMA and opsonized zymosan. However, the chemiluminescence activity of PMN from Mg-deficient rats was significantly higher than cells from control rats following PMA or opsonized zymosan activation. Phagocytosis study indicated an

**Table 1. Characteristics of rats fed either the control or the magnesium-deficient diet†‡ (Mean values with their standard errors)**

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>Mg-deficient</th>
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<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SE</td>
</tr>
<tr>
<td>Body weight (g)</td>
<td>109</td>
<td>2</td>
</tr>
<tr>
<td>Plasma Mg (mmol/l)</td>
<td>0.82</td>
<td>0.01</td>
</tr>
<tr>
<td>Plasma Ca (mmol/l)</td>
<td>2.64</td>
<td>0.03</td>
</tr>
<tr>
<td>Plasma ionized Mg (mmol/l)</td>
<td>0.49</td>
<td>0.01</td>
</tr>
<tr>
<td>Relative spleen weight (g/kg body weight)</td>
<td>4.4</td>
<td>0.3</td>
</tr>
<tr>
<td>Leucocytes (10$^6$ cells/l)</td>
<td>5.19</td>
<td>0.5</td>
</tr>
<tr>
<td>PMN (10$^5$ cells/l)</td>
<td>1.3</td>
<td>0.2</td>
</tr>
<tr>
<td>PMN Mg (ng Mg/10$^6$ cells)</td>
<td>52</td>
<td>4</td>
</tr>
<tr>
<td>Interleukin 6 (pg/ml)</td>
<td>33</td>
<td>2</td>
</tr>
<tr>
<td>NO (µmol/l)</td>
<td>4.2</td>
<td>0.3</td>
</tr>
<tr>
<td>Heart peroxidation (TBARS nmol/g wet wt)</td>
<td>256</td>
<td>16</td>
</tr>
</tbody>
</table>

PMN, polymorphonuclear leucocytes; TBARS, thiobarbituric acid-reactive substances.

Mean values were significantly different from those of the control group: **$P<0.01$, ***$P<0.001$.

† For details of diets and procedures, see pp. 108–109.

‡ Mean values are for eight rats per group, except for the Mg content of PMN in which case the values are for six samples each pooled from four animals within each group.
increased capacity of PMN from Mg-deficient rats to adhere to glass (results not shown) and PMN from Mg-deficient rats showed an increased activity of phagocytosis in comparison with neutrophils from control animals (Table 2).

High concentrations of Mg (8·0 v. 0·8 mM) significantly decreased the chemiluminescence activity in PMN from control rats following opsonized zymosan challenge (39 (SE 10) mV v. 111 (SE 22) mV; n 5, P<0·05). Similarly, increasing extracellular Mg concentration significantly decreased the chemiluminescence activity in PMN from Mg-deficient rats following PMA or opsonized zymosan activation (Table 3).

**Discussion**

Dietary Mg deficiency in rats gives rise after a few days to a characteristic allergy-like crisis, the first visible symptom being a peripheral vasodilation (Nishio et al. 1988). The inflammatory response is associated with a marked increase in total circulatory leucocytes, predominantly in the neutrophil fraction (Kurantsin-Mills et al. 1997; Malpuech-Bruge`re et al. 2000). Previous observations point to the spontaneous and non-infectious induction of the inflammatory process in this experimental model (Malpuech-Bruge`re et al. 1998). Leucocytosis was associated to cellular hyperplasia of cell lines in the bone marrow (McCreary et al. 1967) while the greater spleen size in Mg-deficient rats is believed to be due to infiltration of the spleen with PMN and macrophages (Malpuech-Bruge`re et al. 1998). Inflammatory agonists including cytokines are elevated in Mg-deficient rats (Malpuech-Bruge`re et al. 2000). The present study confirms that Mg-deficiency elevates circulatory levels of interleukin 6, this cytokine being responsible for the synthesis of acute-phase reactants

> **Table 2.** Neutrophil phagocytosis in response to opsonized bacteria in control and magnesium-deficient rats†‡

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>Mg-deficient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of intracellular bacteria/activated neutrophils</td>
<td>Mean 0·1 SE 0·05</td>
<td>Mean 8·0* SE 2·2</td>
</tr>
</tbody>
</table>

Mean value was significantly different from that of the control group: *P<0·05.
† For details of diets and procedures, see pp. 108–109.
‡ Phagocytosis was evaluated by counting bacteria incorporated in neutrophils and is expressed in number of bacteria/activated cells.
Table 3. Effect of extracellular magnesium concentration on reactive oxygen species production after activation with phorbol myristate acetate (PMA) or opsonized in magnesium-deficient rats†‡

<table>
<thead>
<tr>
<th>Extracellular Mg concentrations</th>
<th>0·8 mm</th>
<th>8·0 mm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean SE</td>
<td>Mean SE</td>
</tr>
<tr>
<td>PMA</td>
<td>76 16</td>
<td>54** 12</td>
</tr>
<tr>
<td>Opsonized zymosan</td>
<td>262 27</td>
<td>112** 15</td>
</tr>
</tbody>
</table>

† For details of diets and procedures, see pp. 108–109.
‡ Reactive oxygen species production was determined by chemiluminescence and expressed in mV.

Mean values at 0·8 mm were significantly different from those at 8·0 mm: **P<0·01.

(Malpuech-Brugère et al. 2000). The involvement of free radicals in Mg deficiency is well documented in spite of the difficulty of demonstrating their presence of effects in vivo. Tissues of Mg-deficient rats had a greater tendency to undergo lipid peroxidation than do tissues of control animals as shown by measurement of thiobarbituric acid-reactive substances (Rayssiguier et al. 1993). Other studies with a spin-trapping technique also indicated that Mg deficiency results in an increase in production of free radicals (Rock et al. 1995). Increased circulating levels of NO may be the result of excessive NO production by activated cells during the inflammatory response and may contribute to the increased oxidative stress due to the formation of peroxynitrites (Rock et al. 1995a,b; Mak et al. 1996).

Neutrophils are well known as a prominent cell type during acute inflammation and those cells find an important role through activities such as phagocytosis, production of reactive oxygen species and as a source of immunoregulatory cytokines (Cassatella, 1995). It is now recognized that respiratory burst enzymatic complex, a plasma-membrane-bound NADPH oxidase is normally dormant in resting cells. Upon several forms of cell activation, this oxidase becomes activated by a series of complex intracellular processes and reduces oxygen in one electron step to form superoxide anion, which is the primary product of the oxidative burst (Babior, 1984). The link between the external environment of the neutrophil and the activation of its function (chemotaxis, adherence, phagocytosis, oxidase activation, degranulation) is provided by the plasma membrane receptors (Edwards, 1991). Neutrophils isolated from Mg-deficient rats after 8 d on the deficient diet generate higher blood levels of superoxide anion as shown by chemiluminescence activity. Thus, PMN which are activated endogenously. As neutrophil activation is a well-known response in Mg-deficient rats (Rayssiguier et al. 1997). The present study indicates that a high extracellular Mg concentration is able to attenuate neutrophil respiratory burst in control rats. Chemiluminescence activities of PMN from Mg-deficient rats were also decreased following PMA or opsonized zymosan challenge. Since this phenomenon was observed whatever the activator used, Mg may act via a non-specific mechanism. Ca is also recognized as an important second messenger in the signalling process of neutrophil oxidative burst by stimulating protein kinase C. Increased influx of Ca from the extracellular space and release from intracellular stores are important in the oxidative burst (Snyderman & Uhing, 1992). Mg acts as a natural Ca antagonist (Isier & French, 1984) and the possibility exists that decreased extracellular Mg increases intracellular Ca and that an increase in extracellular Mg has the opposite effect. Thus, increasing external concentration of Mg may have beneficial anti-inflammatory effects while a reduction in the extracellular Mg concentration might participate in phagocytic cell activation. The increase in plasma Ca concentration is a well-known response in Mg-deficient rats (Rayssiguier et al. 1982) and the possibility exists that Ca elevation participates in the phagocytic cell activation by a further...
increase in the Mg:Ca extracellular ratio. This hypothesis concerning the effect of extracellular Mg concentration on cellular response is supported by in vivo studies showing enhanced tumour necrosis factor-α production following endotoxin challenge in Mg-deficient rats and suggesting the inhibitory effect of high concentration of Mg on cytokine production (Malpuech-Brugère et al. 1999). Feeding the animals with Mg-deficient diet results in a rapid decline in plasma Mg while the Mg cellular concentration falls only slightly in muscles and soft tissues (Vormann et al. 1997) and do not fall at all in PMN. Plasma and interstitial body fluids represent the central compartment of Mg metabolism. This central compartment containing only 1% total body Mg is connected to several peripheral compartments like muscles and soft tissues. Bone Mg is the most important store. However, when Mg intake is severely restricted in rapidly growing rats, renal conservation and bone mobilization are not enough to permit plasma Mg homeostasis (Classen et al. 1994). The decrease in plasma Mg is accompanied by a decrease in ionized plasma Mg, as shown in the present experiment. However, the percentage of ionized plasma Mg in Mg-deficient rats was increased as compared with control rats as shown previously (Zimmerman et al. 2000).

We have found that PMN activation is an early consequence of Mg deficiency and the exact mechanism of this effect is under investigation. Mg deficiency induces an acute-phase inflammatory response that is followed by a chronic inflammatory phase (Weglicki & Philips, 1992; Rayssiguier et al. 2001). However, inflammation may be switched off by inhibitory mechanisms and additional studies are needed to determine if Mg deficiency of long duration induces exhausted activity of phagocytic cells (Nishio et al. 2001). The inhibitory effect of supraphysiological Mg level on leucocyte activation was demonstrated in vitro. Further studies are needed to assess if increasing Mg concentration in vivo results in a decrease in leucocyte activation. Although the relevance of the findings of the present experiment to the disease process remains to be established, the results suggest the importance of the immuno-inflammatory process in the pathology of Mg deficiency. The hypothesis that Mg deficiency can lead to enhanced atherogenesis through the inflammatory process has been recently presented. Moreover, Mg deficiency amplifies myocardial vulnerability to toxic agents including ischaemia–reperfusion (Seelig, 1989). The role of PMN in ischaemia–hypoxia reperfusion damage is well documented. Migration of PMN into the ischaemic tissues, reactive oxygen species generation, release of other cytotoxic substances has been demonstrated (Sethi et al. 1999). Protection against ischaemia and reperfusion injury has been reported after treatment with Mg (Shibata et al. 1999). The results of the present experiment are consistent with the hypothesis that changes in the response of phagocytic cells resulting from an increase in plasma Mg may contribute to the protective effects of this cation.

Acknowledgement
The authors would like to thank the expert technical assistance of C. Lab.

References
Neutrophils and magnesium


